



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# What's Happening at Our Y?



## February 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
Chocolate-dipped strawberries are on sale for the Y's Summer Food Program! Pre-orders 2/1-2/8. Pay & carry orders 2/12-2/14! \$15/Box of 10 Berries   Order at the front desk or call 781-YMCA!						
4 	5 Try Lisa's Zumba® class at 6:30pm! CPR Recertification 	6 Y Running Group Y Fit Kid Army at 4:15-5pm (FREE) 	7 	8 <b>LAST DAY FOR STRAWBERRY PRE-ORDERS!</b> Y Running Group Y Fit Kid Army at 4:15-5pm (FREE)	9	10 Community CPR Certification Class Y Running Group
11	12  <b>STRAWBERRIES AVAILABLE FOR PURCHASE &amp; PICK-UP AT 12pm</b> Cancer Support Group Walking @ 4pm	13  Y Running Group Y Fit Kid Army at 4:15-5pm (FREE) Cancer Support Group Coffee @ 9am	14  <b>LAST DAY OF STRAWBERRY SALES!!</b> Happy Valentine's Day!	15 Y Running Group Y Fit Kid Army at 4:15-5pm (FREE) Cancer Support Group Walking @ 10am	16 Active Older Adults Luncheon at 12:30pm	17 Kids' Night Out 5-9pm Y Running Group
18	19 Cancer Support Group Walking @ 4pm	20 Y Running Group Y Fit Kid Army at 4:15-5pm (FREE) Cancer Support Group Coffee @ 9am	21	22 Homeschool Swim 2-4pm Cancer Support Group Walking @ 10am	Lifeguard Certification Course Jan. 16-18	
25	26 Cancer Support Group Walking @ 4pm	27 Y Running Group Y Fit Kid Army at 4:15-5pm (FREE) Cancer Support Group Coffee @ 9am	28			