



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# What's Happening at Our Y?

## June 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Schedule a Birthday Party at the front desk!		Have you had your free SmartStart orientations yet?		Register for Swim Lessons!	1	2
3	4 *Fuel Up, Stay Fit @ 3:30pm FREE (see details on bottom)  *Fuel Up, Stay Fit _____	5 Y Running Group	6	7 Y Running Group	8 Catch us on KSN's Living Well @ 4pm	9 CPR Certification Class 9am-3pm Y Running Group
10	11 Cancer Support Group Walking @ 4pm  *Fuel Up, Stay Fit _____	12 Cancer Support Group Coffee @ 9am Try ZumbaKids® T/Th @ 11:15am	13	14 Cancer Support Group Walking @ 10am	15 Dive In Drive In @ CJ's Bulldog Beach - Cars 3 at 9pm AOA Luncheon at 12:30pm	16
17 <b>FATHER'S DAY</b>	18 Cancer Support Group Walking @ 4pm  *Fuel Up, Stay Fit _____	19	20	21 First day of summer  Cancer Support Group Walking @ 10am	22 POOL CLOSED for cleaning	23 OPEN HOUSE SUMMER CELEBRATION 10am-1pm
24	25  *Fuel Up, Stay Fit _____	26 CSG Coffee @ 9am	27	28 Homeschool Swim 2-4pm	29 MoveMe Walking Challenge Celebration CJ's Park @ 6:30	30

Lifeguard Certification Course May 15-17

\*Fuel Up, Stay Fit offers a healthy meal in the Community Room at 3:30pm (meals served M-F for children ages 0-18), followed by an organized fitness game in the gymnasium (offered M-TH for children ages 6-13). This program is FREE to the community. Participants may choose one or both components.